



HAMPTON COURT HOUSE

FORTITER IN RE SUAVITER IN MODO

Pre-Nursery, Nursery and Reception Sleeping Policy

*Last Updated: 20 March 2021
Next Review: March 2022*



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Early Years Sleeping Policy

1. Each child should have his/her own linen.
2. Linen should be washed by members of staff once a week, or more frequently when needed.
3. Practitioners should only use sheets that are the right size.
4. There should always be one member of staff staying with the children who take a nap, and one member of staff on hold in the corridor or in a room next door.