



# HAMPTON COURT HOUSE

FORTITER IN RE SUAVITER IN MODO

**Daycare and Pre-Nursery  
Intimate Care and Nappy Changing Policy**

*Last Updated: 20 March 2021*  
*Next Review: March 2022*



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### Daycare and Pre-Nursery Intimate Care and Nappy Changing Policy

All HCH members of staff have an enhanced DBS check.

Only Daycare and Pre-Nursery members of staff who are familiar with the children are allowed to carry out intimate care. Intimate care is defined as care tasks of an intimate nature, associated with bodily functions, body products and personal hygiene.

Intimate care is discussed with new members of staff during their induction. Staff receive regular supervision and appraisals, which are used to identify any areas for development or where further training may be needed or any concerns staff may have about the children. All staff receive safeguarding training.

A risk assessment will be carried out for nappy changing procedures, toilet training and going to the toilet.

All staff must wear protective gloves for nappy changes, administering first aid or cleaning a child who has soiled himself.

Every child is to be treated with dignity and respect.

Nappies are changed in the Daycare or Pre-Nursery room on a nappy changing table or nappy changing mat. A child must never be left unattended on the changing table.

The children should be involved as much as possible in their own intimate care and members of staff should support them in doing everything that they can for themselves. As children become more independent, members of staff should give them choices where possible (e.g. between wearing a nappy or using a potty).

Members of staff will encourage the child to have a positive body image and to understand that people should respect them and respect their body. Confident, assertive children who feel their body belongs to them are less vulnerable to abuse.

Parents or carers should be consulted about the intimate care that is given to their child, e.g. using cotton wool and water rather than baby wipes during nappy changes.

Children are encouraged to wash their hands after messy play, after using the toilet and before and after eating.

Members of staff have to report any incident as soon as possible to the Daycare Manager including if during the intimate care of a child any of the following occur:

- They accidentally hurt a child;
- The child seems sore or unusually tender in the genital area;
- The child misunderstands or misinterprets something;
- The child has a very strong emotional reaction without apparent cause (sudden shouting or crying).

Any significant observations made during a nappy changing procedure will be written on the daily routine sheet and notified to the parents at the end of the day (e.g. badly soiled nappy, strong urine etc.)